



ZION
LUTHERAN † ANOKA

A WELCOMING FAITH COMMUNITY.
GROWING. CARING. SERVING.



MARCH 8/9, 2025
1ST SUNDAY IN LENT



Welcome to Worship

If you are a visitor please stop at the Welcome Desk in the lower level for a visitor bag.

PREACHING:

Pastor Mike Pancoast

ASSISTING:

SUN Pastor Connie Tiede

READER:

5 PM Greg Bergeron

8 AM Deb Oas Koepsell

9 AM Caroline Baker

ORGANIST: Mary Jo Gothmann

Unbroken: A Living Faith

When so many people identify themselves as Christian how can we spend some time thinking deeply about what we really believe? What is the what? What are the foundational beliefs and how are they living and moving with us as we change and grow?

Faith is passed down from generation to generation - it's an unbroken line of ancestry that connects us all the way back to Jesus. The powers of the world wanted to break Jesus and yet this faith that we rest on is strong enough that they couldn't do it. We are a part of this great tradition that will not and cannot be broken.

Using the seven teachings from the emerging work of A Living Catechism, through worship and practice, this Lent we will explore how we are and always have been God's people:

- 1. God becomes human for us in Jesus Christ.*
- 2. God meets us in bread, wine & water.*
- 3. God feels our pain & suffering.*
- 4. God delights in our goodness and judges sin.*
- 5. God speaks to us through Scripture and Spirit.*
- 6. God compels creation toward mercy.*
- 7. God loves us eternally.*

PRELUDE

GATHERING

WELCOME/ANNOUNCEMENTS

CONFESSION AND FORGIVENESS:

God of all grace, be near in the midst of our brokenness, turning us from the things that keep us from right relationship with you, ourselves, and one another. Compel us toward compassion as we confess our sin, receive your forgiveness, and are strengthened to serve in your name.

Amen.

Let us confess our sin in the presence of God and of one another.

A moment of silent reflection

God of mercy, you delight in goodness and judge sin. Give us open and honest hearts to recognize the ways we have turned from you, from our own belovedness, and from one another. We see the world through the lens of scarcity instead of your lens of abundance. We see people as us and them instead of one body in you. We participate in the brokenness of the world, caught in webs beyond individual choices of right and wrong. Quiet our inner and outer strife, O God, and draw us into your forgiveness and wholeness. Through your divine love, transform all that threatens to destroy the good that you have created.

Beloved people of God: At a table that Jesus sets, God forgives us and feeds us with eternal love. In water and promise, God brings us to new life and breathes into us gifts to serve the world. You are forgiven, in the name of Christ †, who calls us into the coming of God's reign where all are supported, nourished, and loved.

Amen.



1 O beau-ty ev - er an - cient, O beau - ty ev - er new,
 2 O beau-ty in cre - a - tion, in world of sound and sight,
 3 O beau-ty that is move - ment in liq - uid line of grace,
 4 O beau-ty of the Spir - it where love is shin - ing through,



di - vine and Ho - ly Pres - ence, my be - ing sings to you,
 O beau - ty in the si - lence, in dark - ness as in light,
 O beau - ty that is still - ness in love - ly form or face,
 O beau - ty ev - er an - cient, O beau - ty ev - er new,



in grat - i-tude, in wor - ship my be - ing sings to you!

Text: Shirley Erena Murray, 1931-2020
 Music: ANCIENT BEAUTY, Alfred V. Fedak, b. 1953
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GREETING:

The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

And also with you.

KYRIE



Ky - ri - e e - lei - son. Lord, have mer - cy.



Chris - te e - lei - son. Christ, have mer - cy.



Ky - ri - e e - lei - son. Lord, have mer - cy.

PRAYER OF THE DAY:

God of life, you guide us in the wilderness and speak to us through scripture and spirit. Root us in the words of our faith and the spirit of your love, that we may share the everlasting grace you give all people. In the name of Christ we pray. Amen.

WORD

WORD FOR KIDS (9 AM)

LESSON: Romans 10:8b-13

GOSPEL ACCLAMATION:



Noth-ing in all cre - a - tion can sep - a - rate us from the love of God.



Noth-ing in all cre - a - tion can sep - a - rate us from the love of God.

THE SERMON TEXT

The Holy Gospel according to Luke 4:1-13

Glory to you, O Lord.

The Gospel of the Lord.

Praise to you, O Christ.

THE SERMON: by Pastor Mike Pancoast



1 Rock of A - ges, cleft for me, let me hide my - self in thee;
 2 Not the la - bors of my hands can ful - fill thy law's de - mands;
 3 Noth - ing in my hand I bring; sim - ply to thy cross I cling.
 4 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood, from thy riv - en side which flowed,
 could my zeal no res - pite know, could my tears for - ev - er flow,
 Na - ked, come to thee for dress; help - less, look to thee for grace;
 when I soar to worlds un - known, see thee on thy judg - ment throne,

be of sin the dou - ble cure; cleanse me from its guilt and pow'r.
 all for sin could not a - tone; thou must save, and thou a - lone.
 foul, I to the foun - tain fly; wash me, Sav - ior, or I die.
 Rock of A - ges, cleft for me, let me hide my - self in thee.

Text: Augustus M. Toplady, 1740-1778
 Music: TOPLADY, Thomas Hastings, 1784-1872

NEW MEMBER WELCOME (9 AM)

THE APOSTLES' CREED:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE PRAYERS OF THE CHURCH:

After each petition

Lord of the Cross...

Hear us we pray, your mercy is great.

SHARING THE PEACE:

The Peace of the Lord be with you always.

And also with you.

(Share the peace with a wave and word of peace.)

MEAL

OFFERING

SPECIAL MUSIC (9 AM):

“Jesus Walked this Lonesome Valley” arr. Hopson
Adult Choir; Jonathan Campbell, dir; Mary Jo Gothmann, organ

Jesus walked this lonesome valley, he had to walk it by himself; Oh, nobody else could walk it for him, he had to walk it by himself.

We must walk this lonesome valley, we have to walk it by ourselves; Oh, nobody else can walk it for us, we have to walk it by ourselves.

Jesus bore the cross of sorrow; he had to bear it by himself; Oh, nobody else could bear it for him, he had to bear it by himself.

We must take our cross and follow; we must take it by ourselves. We must take our cross and follow, follow by ourselves.

MANY WAYS TO GIVE

TEXT: 763-710-2209

ONLINE www.zionanoka.org
click on “GIVE TODAY”

ELECTRONIC GIVING
<https://cutt.ly/ziongivetoday>

or



OFFERTORY: When it Seems the Day Will End, vs 1 ACS 1034

When it seems the day will end, and all
light gives way to fear, we will speak your name a -
gain to re - mind us you are here.
Refrain
New life ris - ing, New life ris - ing, ash - es fall - ing, ash - es fall - ing,
joy and weep - ing, joy and weep - ing, in your call - ing. in your call - ing.

Text: Justin Rimbo, b. 1980
Music: HUMBLE WALK, Justin Rimbo
Text and music © 2020 Augsburg Fortress

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OFFERTORY PRAYER:

Generous God, you have blessed us with gifts of abundance and joy. Open our hearts so that we may share your goodness with all who hunger for bread, for safety, and for belonging. In Christ's name we pray.

Amen.

THE GREAT THANKSGIVING:

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

WORDS OF INSTITUTION

THE LORD'S PRAYER:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

DISTRIBUTION

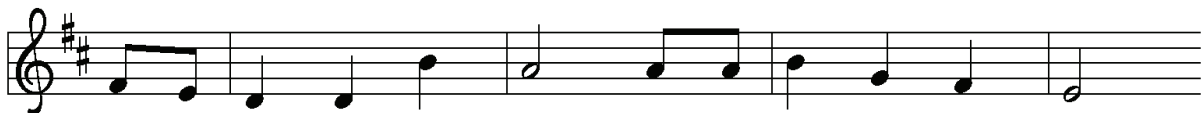
DISTRIBUTION HYMN: Baptized and Set Free 453



1 We are peo - ple cre - at - ed, cho - sen by God.
2 We are fed and we're nour - ished, filled and re - freshed.
3 We are nour - ished by wa - ter, all liv - ing things,
4 Now with praise and thanks - giv - ing, we join the song.



Then we're washed, ev - er gent - ly, in mer - cy and love.
Then our hun - ger re - turns and a - gain we are blessed.
and by life that the Spir - it a - bun - dant - ly brings.
All are wel - come! We gath - er to sing loud and strong.



Sin has pow - er no more. Je - sus o - pened the door
For what - ev - er the need, God is great - er in - deed:
As we jour - ney toward home, may your pres - ence be known:
Not en - slaved, but set free! From now on, all will be



to a foun - tain bring - ing heal - ing, and whole - ness and more.
end - less o - cean, al - ways deep - er than all of our need.
pre - cious riv - er, ev - er - flow - ing, now car - ry us home.
one in Je - sus, one in wa - ter, bap - tized and set free!

Text: Cathy Skogen-Soldner, b. 1956
Music: BAPTIZED AND SET FREE, Cathy Skogen-Soldner
Text and music © 1999 Augsburg Fortress.

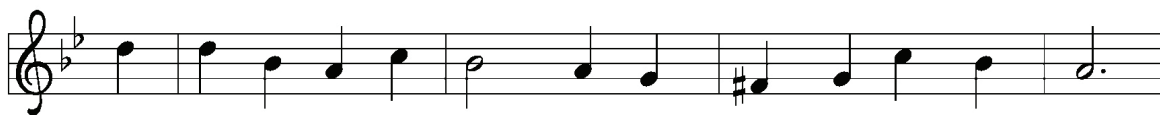
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1 Bless now, O God, the jour - ney that all your peo - ple make,
 2 Bless so - journ-ers and pil - grims who share this wind - ing way;
 3 Di - vine e - ter - nal lov - er, you meet us on the road.



the path through noise and si - lence, the way of give and take.
 your hope burns through the ter - rors, your love sus-tains the day.
 We wait for lands of prom - ise where milk and hon - ey flow,



The trail is found in des - ert and winds the moun-tain round,
 We yearn for ho - ly free - dom while of - ten we are bound;
 but wait-ing not for plac - es, you meet us all a - round.



then leads be - side still wa - ters, the road where faith is found.
 to - geth - er we are seek - ing the road where faith is found.
 Our cov - e - nant is writ - ten on roads, as faith is found.

Text: Sylvia G. Dunstan, 1955–1993
 Music: LLANGLOFFAN, Welsh tune, 19th cent.
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POST COMMUNION BLESSING AND PRAYER:

Gracious God, we give you thanks for the abundance of your steadfast love. As we are filled with your grace and mercy, send us out into the world to participate in your reign of peace. In the name of Christ, the holy one, we pray.

Amen.

SENDING

WE WELCOME YOU TO WORSHIP

Hearing Assistance Units Available

Hearing assistance units are available at the sound booth at the back of the Sanctuary.

Mobility Concerns

We have areas in the Sanctuary where a wheelchair or walker will fit. Ushers can assist you.

Children Welcome

Activity bags are available outside the Sanctuary. We have two "pray grounds" in the Sanctuary with plenty of places just outside the Sanctuary as well where children can sit and play.

LIVE STREAM

SUNDAY 9 & 11 AM

www.zionanoka.org

(click "Worship Online")

- or -

[www.facebook.com/
ZionLutheranChurch
AnokaMn](https://www.facebook.com/ZionLutheranChurchAnokaMn)

AVAILABLE ANYTIME

CABLE TV

Metro Cable Network
Channel 6

SUNDAY | 10 AM & 5 PM

RADIO BROADCAST

106.1 BOB FM

SUNDAYS | 9:10 AM

OFFICE HOURS

M - TH: 9 AM - 5 PM

FRI: 9 AM - 12 NOON



ZION
LUTHERAN ANOKA

1601 4th Avenue
Anoka MN 55303
763.421.4656

www.zionanoka.org

BENEDICTION

May the God who delights in your goodness bless you, keep you, and hold you in the depths of love and mercy. In the name of the Triune God (Father, † Son, and Holy Spirit).

Amen.

SENDING HYMN: Baptized in Water 456

1 Bap - tized in wa - ter, sealed by the Spir - it, cleansed by the
 2 Bap - tized in wa - ter, sealed by the Spir - it, dead in the
 3 Bap - tized in wa - ter, sealed by the Spir - it, marked with the

blood of Christ our king: heirs of sal - va - tion, trust - ing his
 tomb with Christ our king: one with his ris - ing, freed and for -
 sign of Christ our king: born of the Spir - it, we are God's

prom - ise, faith - ful - ly now God's praise we sing.
 giv - en, thank - ful - ly now God's praise we sing.
 chil - dren; joy - ful - ly now God's praise we sing.

Text: Michael Seward, b. 1932

Music: BUNESSAN, Gaelic tune; arr. hymnal version

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DISMISSAL:

Go in peace, know you are loved.

Thanks be to God.

POSTLUDE